## Land use and salmon smolt production: some observations & challenges for fisheries management in Wester Ross

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#### Wild salmon were important the people in Wester Ross in the past

Pictish stone depicting salmon and sea eagle in Gairloch Museum and found nearby



Ray Dingwall with fresh 17lb cock salmon caught by Gavin Ramsay, May 2007

#### SEA



#### FRESHWATER

Salmon bring back marine nutrients from the ocean ...



#### Wild salmon are an important food source for other wildlife





# scavenging otter

# Pine marten (self portrait)



# This partly digested grisle was regurgitated by a cormorant at Kinlochewe

photo by Ben Rushbrooke

# This little trout had 11 salmon eggs in its stomach. Possibly its best meal of the year!

9 10 11 12 13 14 15 16 17 18 19 20

photo by Ben Rushrooke

#### Adult salmon can provide food for juvenile salmon







#### SUMMARY

•What factors limit the production of juvenile salmon in Wester Ross?

•To what extent is the productivity of nursery streams influenced by land management? are our streams in a natural state?

•What can be done to restore & enhance levels of production?

 How will this affect other land use objectives (e.g. wild deer production, livestock production, other wildlife & biodiversity, 'ecological health' of running waters?

# First find out if there are any salmon...

WRFT electro fishing survey

photo by John Macpherson





Investigate where they occur . . .

### distribution of juvenile salmon

(based on WRFT electro-fishing

surveys in 2006 & 7)



Tournaig trap project What determines the number of salmon smolts produced?

Thanks to Tournaig & Letterewe Estates, the National Trust for Scotland, HIE and SGERAD



# **Tournaig upstream salmon catches**



Ben removing a grilse from the upstream trap



#### Catches of adult salmon at Tournaig (to 2005) \* \*Salmon spawned in the NUMBER OF FISH \* system in 1999, 2003, 2004, 2005 (& 06, . . .) \* \*



# Annual electro-fishing survey

# Salmon spawned in the Tournaig system in 2003 for the first time since 1999





How many salmon smolts go to sea at Tournaig?

Ben emptying the downstream trap



## 11smolts went to sea in 2005!! 107 mm SL



all were 1+ year old



(Fish photos by Ben Rushbrooke)

## Salmon spawned again in 2004 . . .



#### Salmon fry grew faster in 2004 than in 2005



#### Number of smolts descending at Tournaig









The Little Gruinard River

Special Area of Conservation (SAC) for the Atlantic salmon.

Densities of juvenile salmon are consistently high in the main river.

But many of them are very small . . .









#### **Stepping stones (below Fionn Loch)**



Big one year old parr


•Where juvenile salmon densities are high, growth tends to be slower.

# •Where juvenile salmon densities are low, growth tends to be faster.



Why is there such variation in growth rates?

photo by Nick Benge



Growth and production of juvenile salmon may depend upon food availability



Stonefly and Mayfly larvae



# Food availability varies according to catchment fertility.

Well fed one year old salmon and trout from the upper Balgy

# Some rivers have been nutrient enriched and levels of fertility may have been enhanced.

Salmon farm in Loch Sgamhain at top of River Carron

#### Algal bloom below loch

#### Blue-green algal bloom in Loch Tollie: too much nutrient!

August, 1999

#### However, most river catchment areas in Wester Ross have very limited nutrient availability.

Kinlochewe River from top of Meall Ghuibhais (Beinn Eighe NNR)



### Extreme spates erode stream banks, removing fertile riparian soils



Extreme spates may wash out eggs, juvenile fish, insect life and other nutritious organic matter.

**Taagan burn below Beinn Eighe NNR** 

The Achanasheen – Kyle railway line was washed away in July 2007 because soils were unable to absorb rain water fast enough.

**Headwaters of River Carron** 





Another example:

#### East Rhidorroch River (above Loch Achall, Ullapool River)

# Some sections of river are very unstable . . .

20/08/2002

East Rhidorroch River (Ullapool River catchment)

10101









### Problems originate in the upper river catchments





#### Soils are infertile because little nutrient, especially phosphorus, reaches upland areas.



#### Upland areas are not uniformly infertile . . .



Rocks and knolls in prominent positions in upland areas have been enriched with nutrients delivered by birds and mammals.

Look out over Kinlochewe in Beinn Eighe NNR

Eagle pellet (containing fur) and grouse dropping from a green knoll in the Tollie Hills



The Island of Longa (Loch Gairloch) is enriched with nutrients from nesting sea birds and provides good winter grazing for sheep. This green hummock is by the Strath Burn (above Gairloch). It is used by foxes ...note the sheep bones!





### Otter spraint with trout bones.

Have fertility levels changed as a result of land use and wildlife management practices?

Hillsides have been burnt to promote fresh growth.

Rainwater washes nutritious ash away.

29/01/2003

#### Why is there a greener patch in the bog?





A deer carcass contains ~3 kg of phosphate: mainly in bones.

The removal of deer, sheep or cattle from upland catchment areas represents an unnatural loss of nutrient from the ecosystem.



Where nutrients are recycled . . .

...from vegetation to sheep back to vegetation....

•growth of plants - and insects - can be prolific

•more insects: more food for trout and salmon. . . .
#### **Red Deer**

## Milner *et al* (2002): A Highland Deer herd and its Habitat

•Carcasses left on hill. . improve efficiency of cull, carrion feeding beetles; vertebrates: foxes, badgers, shrews, ravens, golden eagles, sea eagles and hooded grows.

•Vegetation [after decomposition of carcass] had significantly higher nitrogen ; additional nutrient input associated with whole carcass. . Leaving carcasses on hill may therefore benefit grazing animals by enhancing the nutrient content of forage . . . Mineral concentrations are likely to increase as bone material degrades and bones provide an important source of calcium and other minerals for deer.

#### Fertilisation trials were carried out on Beinn Eighe NNR in the 1950s to find out how to enhance soil fertility.

#### **Unfertilised area**

Fertilised area

# Details are sketchy, but 50 yrs on, results can still be clearly seen.

Locks like the trial was

#### **Inside area fertilised**

- 100% soil cover
- Thicker vegetation including all plants seen outside area except club moss.
- Scabious and tormentil also present.
- Spiders seen.
  Grouse droppings.

**Outside area fertilised** 

- ~50 soil cover
- Patchy vegetation
- Club moss



Gairloch Estate: Balle Mor native woodland restoration

#### Ground Rock Phosphate fertiliser applied at 125g / tree

Note grass growth

### Should fertility restoration programmes be promoted for other upland catchments?

#### Abhainn Strath na Sealga (Gruinard River)

### Most juvenile salmon grow slowly in the headwaters of the Gruinard River

Gruinard River catchment

# cattle, sheep and deer grazing area





Sheep and deer graze beneath old alder trees. There is little woodland regeneration. There is extensive bank erosion and collapse.



#### These are oak trees!

### Bothy



Sheneval bothy at the foot of An Teallach is popular with hill walkers (and salmon poachers!) . . .

Nearby soils are richer in earthworms and support a (?healthy) population of moles ....

The stream is green and mossy . . .



#### Soils, ecosystem fertility & salmon smolt production in Wester Ross

1. Much of Wester Ross is underlain by hard, insoluble Lewisian gneiss. Torridonian sandstone or Moine granulite, vielding very little nutrients.

5. Historically there were bears and wolves. Wolves eat deer, ingesting bone and recycling phosphates.

6. Peat has formed where sphagnum moss smothers the ground, acidifying the soil and preventing aerobic decomposition.

7. Look for wee green knolls in the peatlands where birds and mammals have enriched the soil: note the increased plant growth and biodiversity.

8. Similar green patches are found along river banks where otters defecate. In the autumn, these otter 'spraint sites' may contain salmon bones.

2. Soil fertility is therefore dependent upon the retention and cycling of nutrients, particularly phosphate. through the ecosystem.

14. Increasingly heavy rain leaches nutrients from soils and washes away ash from fires. Spates erode away the richest riparian soils notably where alder trees have died back.

3. Unlike many rivers in the east of Scotland, there is little human habitation within the catchments of local rivers so little added nutrient from human sources.

10. Given sufficient phosphate (e.g. bone meal in mammal faeces), Alder trees grow in symbiosis with symbiotic nitrogenfixing bacteria, further enriching riparian soil fertility.

13. Heather burning is carried out to convert woody matter to ash, thereby releasing nutrients to promote the growth of grasses and other leafy matter for grazing deer or livestock.

4. In the past there were more people living in river catchment areas. Without modern sanitation, they contributed to nutrient recycling.

11. Most plants develop mycorhyza networks with symbiotic fungi which deliver phosphate to plant roots in exchange for carbohydrate.

netties

15. Growth of periphyton is faster where the streambed is stabile and stream fertility is naturally high.

17. Salmon parr growth rates are highest where the food supply is richest. Over-winter survival and smolt production may depend upon the supply of mayfly and caddisfly larvae.

18. Well-nourished smolts are better prepared for life at sea than emaciated smolts.

'Heptageniid' mayfly larvae scrape periphyton from the streambed. Other mayfly and caddisfly larvae gather or filter organic detritus including leaf and periphyton fragments.

16. Flat-headed

12. Earthworms help to recycle and retain organic matter and increase the porosity of riparian soils.

In some areas invasive **New Zealand flatworms** have reduced earthworm populations, displacing moles with adverse consequences for soils.

9. Adult salmon deliver nutrients of marine origin to headwater streams especially if their carcasses are scavenged by other animals.



### Thank you!







